



The best activities guide around!

MAY 2010



Mother's Day Buffet – 9th
MWR Track & Field "Fun Day" – 14th
Case Lot Sale & Block Party – 15th, 16th
Gourmet Dinner – 21st
Bazaar – 29th, 30th

ZAMA BOWL SNACK BAR
RED PIN
 DELIVERY SERVICE
 263-4760
 ON BASE ONLY • DELIVERY TIME 5-9 PM

PIZZA MENU

CHEESE PIZZA	PERSONAL 10" - \$5.99	14" - \$13.50
PEPPERONI PIZZA	PERSONAL 10" - \$7.99	14" - \$16.50
SALISADA PIZZA	PERSONAL 10" - \$8.99	14" - \$18.50
MEAT LOVER'S PIZZA	PERSONAL 10" - \$8.25	14" - \$20.99
SUPREME PIZZA	PERSONAL 10" - \$4.25	14" - \$12.99

APPETIZERS

CHICKEN WINGS	1/2 PC. - \$3.95	1/4 PC. - \$3.95
FRENCH FRIES	1/2 PC. - \$7.99	1/4 PC. - \$3.95
CHICKEN RINGS	1/2 PC. - \$7.99	1/4 PC. - \$3.95
CHEF SALAD	1/2 PC. - \$5.25	1/4 PC. - \$2.99

BURGERS & SANDWICHES
 SERVED WITH FRENCH FRIES

1/4 LB. BOWLING BURGER	\$3.75
1/2 LB. BOWLING BURGER	\$4.95
BACON CHEESEBURGER	\$5.95
BACON DOUBLE CHEESEBURGER	\$7.95
GRILLED CHICKEN BREAST	\$4.95
GRILLED CHICKEN STEAK	\$7.95
GRILLED CHICKEN	\$4.95
GRILLED HAM AND CHEESE	\$5.95
NOT BOG	\$7.95
CHILI DOG	\$3.95
TUNA BOLT	\$4.25
TUNA SANDWICH	\$4.95

KID'S MEAL INCLUDES "CAPRI SUN"

HAMBURGER	\$2.75
GRILLED CHICKEN	\$3.95
GRILLED HAM AND CHEESE	\$4.95
NOT BOG	\$7.95
3 PC. CHICKEN WINGS WITH FRENCH FRIES	\$12.95
3 PC. CHICKEN WINGS WITH FRENCH FRIES	\$14.95

LOCAL FAVORITES & BEVERAGES

STIR FRY CHICKEN RICE	\$4.95
CHICKEN OR RICE RICE	\$4.95
MAISON	\$4.95
CURRY RICE	\$4.95
GRILLED SOBA	\$4.95
WATER	\$1.25
CAPRI SUN	\$1.25
ADULT BEVERAGES (NO REFILLS)	\$3.95
BURRITO \$10.95, ROLLS, MILLER LIT W/ BEER OR COFFEE \$12.95	\$12.95
512 MINIMUM ORDER REQUIRED	\$12.95

FAMILY SPECIAL

ONE TOPPING 16" LARGE PIZZA
 12 PC. CHICKEN WINGS
 6 PACK OF SODA OR WATER
\$30.95

ONE TOPPING 16" LARGE PIZZA
 12 PC. CHICKEN WINGS
 CHEF SALAD
 6 PACK OF SODA OR WATER
\$36.95

ONE TOPPING 16" PIZZA
 ONE 16" CHEESE PIZZA
 6 PACK OF SODA OR WATER
\$34.95

263-4760

ZAMA BOWL SNACK BAR
RED PIN
 DELIVERY SERVICE
 ON BASE ONLY • DELIVERY TIME 5-9 PM

MWR TRACK & FIELD

Yano Fitness Center

Fun Day

10 am • Friday • 14 May

Registration Windows:

100 Meter Dash: 9 - 10 am

Shot Put: 10 - 11 am

High Jump: Noon - 1 pm

1000 Meter Run: 1 - 2 pm

*Registration is open to all & will take place **30 minutes** prior to the actual start of the event.

- 100, 500 & 1000 meter "Road Races".
- Shot Put & High Jump events.
- Inflatable Games & Food Tent.

*Awards to
the top three men & women
at the conclusion of each event.

*For more information, call 263-4664.



Gourmet Dinner At Eda's Room, Friday, 21 May, 6 pm

Amuse
Chef's Selection

Appetizers
Sliced Roasted Duck Breast with Mango Raspberry Sauce

Soup
Japanese Egg Custard (Chawanmushi)

Salad
Salmon Tartar stuffed Tomatoes with Mixed Greens

Potision
Medaillons de Sole with Champagne Sauce

Main Dish-Meat
Beef Tenderloin Wellington Red Wine Sauce

Dessert
Cassis Mousse Cheese Cake with Clafouties Aux Cherry

*Cost: Couple \$100 Single \$55

For more information call 263-4547

Gourmet

Dinner

At CZCC Eda's Room





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

You asked for it, and, here it is! The Zama Bowling Center Snack Bar now has Red Pin Delivery Service for a large variety of menu items to include Family Specials. Delivery is on the Camp Zama base only from 5 - 9 pm. Call 263-4760 for the service. There are three Family Specials; a pizza menu, appetizers, burgers and sandwiches (served with fries) kid's meals, local favorite food items and beverages. Be sure to stop by the bowling center to pick up your copy of the menu. Food Outlet Manager, Gemma Takeda, displays a "Supreme Pizza" Personal Pan Pizza, one of five styles, all of which have become very popular. Whether you try one at the snack bar, order a takeout or with the delivery service, we are sure you will make the Personal Pan Pizza one of your favorites!

Photo by Mr. Richard Haun.

"See the Bugle for the advertisement".

CAMP ZAMA
BOSS PROGRAM

Meeting every other Tuesday at 4 pm in the Warrior Zone (located in Building 533). Everyone is welcome to attend!!!

BOSS President:
CPL Edward Webb
Tel: 263-5197
e-mail: edward.webbjr@zama.army.mil

BOSS WARRIOR ZONE HOURS!!!
Monday - Saturday: 6 - 8 pm
Sunday: 2 - 7 pm

F

riday, 28
May, the youth
center will be closed
for the training
holiday.

**Monday, 31 May, the
youth center will be
closed in honor of
Memorial Day.**

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

THE HOURS OF OPERATION FOR THE ZAMA YOUTH CENTER ARE:

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

YOUTH CENTER

• Youth Book of Records

On 20 May, 3 pm, the youth center will have different events to challenge you. At the end of the year your record as well as your picture will grace the glossy Zama Book of Records next to the Yano Fitness Center's Book of Records. Different challenges include 3 point shoot out, consecutive free

throws, hula hoop spins, pogo stick jumps, and Wii home run and many others.

• 6th Grade Happening (Purple and Grey Graduation Party)

On Friday, 21 May, 6 - 9 pm. Attention all 6th graders from Arnn Elementary and Shirley Lanham Elementary; wear purple and grey to represent Zama Middle School. Come out and enjoy a night of fun, food, and lots of entertainment. The cost is \$2. Transportation will be provided from Depot at 5 pm, SHA Narita bus stop at 5:30 pm and Atsugi at 5:15 pm.

NOTE

If you would like detailed information on any of our programs please check out our web site at www.zamayouthcenter.org.

Club Tech, Keystone Clubs and Torch Club; be a part of something special! Join a Club.

CHILD, YOUTH & SCHOOL (CYS) SERVICES

**11th Annual
Kanto Plain Youth and Teen Talent Show**

1800 Saturday, 15 May 2010

Cinema 77, NAF Atsugi

Solo and Group Performances:
Vocals • Instrumental • Dance • Poetry • Juggling • Comedy • etc.

BUS SCHEDULE : Zama Youth Center: 1700
SHA Commissary: 1730

For more information: Please call Camp Zama Youth Center @ 263-4500



\$60 a night

Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, cable television, DVD PS3, and BBQ grill. Visit Torii Beach Office, Bldg T301 to check in/out. Check in time is 3 - 5 pm. Check out time is 11 am. For more information, phone DSM: 644-4659 or call commercial: 011-81-611-744-4659.

TORII BEACH CABIN

VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches - people just like YOU. We need you in order to provide a great experience for the youths in our community. If you're interested, please contact us at 263-5437. In addition, more information and an application are on our website: www.zamayouthsports.org. As soon as we receive your application, we will process all required documents and schedule you for a coach's class to be certified to coach youth. Upcoming sports coaches are needed for: dodgeball 7 - 10 and 11 - 15 age groups and basketball; 9 - 10, 11 - 12, 13- 15 (boys) and 9 - 11 and 12 - 15 girls age groups.

SPORTS PHYSICAL

AR 608-10 requires all youth participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, CER staff is making contact with Families 30 days prior to expiration of youth

sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at BG Crawford R. Sams Clinic may be limited as the result of so many renewing their youth sports physical.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent

Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

If you have questions or recommendations concerning our programs, please call us at 263-5437/4066 or visit our website at www.zamayouthsports.org.

BASEBALL & SOFTBALL SIGNUPS

Games started 24 April and end 5 June.

Tee ball: ages 5 - 6

Coach pitch baseball: ages 7 - 8

Baseball: ages 9 - 15.

Girls only softball:

Ages 9 - 11 and 12 - 15.

For more information, please call 263-5437/4066.



SUMMER SOCCER

Signups begin May 3 - 18 June.

Teams will be divided by age groups:

5 - 6 (co-ed)

7 - 8 (co-ed)

9 - 10 (boys)

11 - 12 (boys)

13 - 15 (boys)

Girls age groups:

9 - 11 and 12 - 15.

Teams will play 3v3, 4v4 etc. depending on size of teams.



S

AS "Before and After School" Program. Are you looking for a place where your children can join other children in a fun learning environment? Come join the School Age Services "Before and After School" Program.

School Age Services • 267-6013

... SAS Program Hours ...

Regular	Monday - Friday	0630 - 0830 and 1500 - 1800
Early Care	Monday - Friday	0530 - 0630
Half Day School		0530 - 0830 and 1200 - 1800
No School Day		0630 - 1800
Before / After Program Hours		0530 - 0830 and 1500 - 1800

SCHOOL AGE SERVICES OFFERED THROUGHOUT THE YEAR

School Age Services (SAS) supplements the school schedule with a wide variety of after school activities for youths 1st - 6th grade. SAS offers care for "Before and After" school, Hourly Care Open Recreation Program, School Day Out and a Summer

camp Program. The Before and After School program has options for before school only or after school only. Each of these options entitles program participants to full day care services during out of school periods, excluding federal holidays during the school year. Additionally, separate SAS Camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care. During the summer months, SAS operates a full day camp program over eleven, one-week sessions.

... SAS MAY EVENTS ...

SAS May Theme: **Sports and Fitness / Asian Pacific Heritage Month**
SAS May Character Counts: **Responsibility**

• Monday	3		Registration start for "Summer Camp 2010"
• Wednesday	5	1530 - 1630	Cinco De Mayo celebration
• Friday	7	1300 - 1500	4H Clubs (Half a day Escapade)
		1330 - 1630	SAS Music Performance
• Saturday	8	1300 - 1700	Mother's Day celebration (Super Saturday)
• Saturday	15	0730 - 1630	American Kids Fun Run (Luncheon at Yokota)
• Tuesday	18	1530 - 1630	National Physical Fitness and Sports Celebration
• Thursday	20	1645 - 1700	Parent Advisory Meeting (SHA SAS Bldg 337)
• Friday	21	0900 - 1630	National Museum of Emerging Science and Innovation (Funtastic Adventure Day)
Saturday	22	1300 - 1700	Memorial Day Mysteries at SAS (Super Saturday)
• Friday	28	Closed	CYSS Training (SAS will be closed)
• Monday	31	Closed	Memorial Day (SAS will be closed)

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, come and support the "Parent's Advisory Council (PAC)" meeting. The PAC meeting is an opportunity for parents to provide input and have questions and concerns addressed. We meet every third Thursday each month in Bldg 337 at 4:45 pm. Child care is provided.

SAS PROGRAMS OFFERED

School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Funtastic Adventure for a day
- Half a day escapade
- Creative play



"Super-Saturdays": Free Open Recreation activities every second and fourth Saturday for the community from 1 - 6 pm. All events guarantee fun for your children.

"Funtastic Adventure Day": School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm. Cost is \$25 per day.

"Half a Day Escapade": School Age Services will provide care for your children on early release days from noon - 6 pm. Cost \$15 per day.

"Creative Play" (occasional/hourly care): SAS will provide 12 hours of hourly care per month. Reservations must be made in advance. Cost is \$3 per hour.

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.



SKIES Unlimited
Schools of Knowledge, Inspiration, Exploration & Skills

ZAMA CHILD DEVELOPMENT CENTERS, 263-4992

• Closed

* Friday, 28 May, CYS In-Service Training holiday

* Monday, 31 May, Memorial Day

• Mrs. Letters

Wednesday, 5 May, 9 - 10 am

• Cinco De Mayo Activities (all day)

Wednesday, 5 May

• Muffins for Mom

Friday, 7 May

• Story Time at Zama Library

Tuesday, 11 May, 10 - 11 am

• Mrs. Letters

Wednesday, 12 May, 9 - 10 am

• Bigz and Lilz

Friday, 14 May, 3:30 - 4:30 pm

• International Museum Day Field trip (Cultural Center)

Tuesday, 18 May, 9 - 11am

• Mrs. Letters

Wednesday, 19 May, 9 - 10 am

• PAC Meeting (Zama)

Thursday, 20 May, 11:30 - 12:30 pm

• Parent's Night Out at SHA CDC

Friday, 21 May, 5 - 11:30 pm

• Story Time at Zama Library

Tuesday, 25 May, 10 - 11 am

• Mrs. Letters

Wednesday, 26 May, 9 - 10 am

SHA CHILD DEVELOPMENT CENTERS, 267-6348

• 1 - 5 May, Japanese Golden Week

• 3 - 7 May, is Teacher Appreciation Week

• 3 May, Baby's Day and May Day activities

• 4 May, Kite Day

• 5 May, Boy's Day / Cinco de Mayo

• 7 May, Parent's Day Luncheon

• 11 May, Read to Me Day (Parent volunteer)

• 13 May, Asian Culture Day

• 14 May, National Chocolate Chips Day and Armed Forces Day

• 17 - 21 May, Parent / Teacher Conferences

• 18 May, Tacky Day / PAC Meeting (location TBA)

• 25 May, Crazy Socks Day

• 21 May, Parent's Night Out

• 27 May, Luau Festival

SHA Child Development Center



Parent's Night Out

Friday, 21 MAY, 5 - 11:30 pm

Cost is \$20 per child, ages 6 weeks to 12 years.

Must register one week in advance with Parent Central Services, Bldg 533.

For more information, call 263-4125/4743.



WANTED

Returning College Students!!!

FOR Summer Hire Position Working in a Child Friendly Environment

Do you know college students returning to Camp Zama for the summer looking to have fun and want to make a difference in a child's life? Then, have them contact NAF CPAC and apply for a Child and Youth Program Assistant Summer Hire Position. It is an excellent way to gain experience as well as make a little money for the future.

For more information, please contact NAF CPAC Office at 263-4845 or Child, Youth and School Services Coordinator at 263-8081.



... ATTENTION ...

Parent Central Services (PCS), New Customer Service Hours:

Monday - Wednesday	- - 0800 - 1700
Thursday	- - - - - 1000 - 1700
Friday	- - - - - 0800 - 1700
Saturday - Sunday	- - - - - Closed

For more information, 263-3397

The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

- **Latino Night (Cinco De Mayo Party)**
Friday, 7 May, 9 pm - 3 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.
- **Hip Hop Music w/DJ**
On Friday Night, 14, 21 and 28 May, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.
- **Country Music with DJ**
On Saturday night, 1 and 8 May, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.
- **Old School Night**
Saturday, 15 May, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.
- **Latino Night**
Saturday, 22 May, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.
- **Variety Night**
Thursday, 27 May, 8 pm - midnight.
- **Variety Night**
Saturday, 29 May, 8 pm - midnight. Dance to the sounds of variety music from the best DJ's in Japan.
- **Variety Night**
Sunday, 30 May, 8 pm - 2:30 am.

LUNCH

- Sunday Brunch (10 am - 1:30 pm):**
Adults: \$12.95
Youths 8 - 12: \$6.95
Youths 4 - 7: \$3.95
3 and under: Free
- Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)
4 Chicken Fried Steak w/Country Gravy
11 Hawaiian Chicken
18 Santa Fe Chicken w/Picante Sauce
25 Beef Croquettes
- Wednesday:** (Rotisserie Chicken, Chicken Don and vegetable of the day)
5 Sauteed Pork Taragon Vinegar Sauce
12 Veal Parmesan
19 Tonpourou
26 Chicken Diablo
- Thursday:** (Rotisserie Chicken and vegetable of the day)
6 • Chinese Fried Chicken Vinegar Say Sauce
• Spaghetti Napolitan
13 • Pork Cutlet Milanase

CZCC
BINGO Night
Every Thursday Night!
Cards on sale starting: 6 pm
Early Bird Game starts: 6:45 pm
Regular Game starts: 7 pm.
FOR MORE INFORMATION, PLEASE CALL 2 6 3 - 4 5 4 7
NO BINGO ON 27 MAY DUE TO THE BAZAAR.

TGIF
EVERY FRIDAY (EXCEPT ON COMMUNITY NIGHT DAYS)
CZCC FIRELITE LOUNGE, 4 - 8 PM
Light snacks, good music and good friends provided. Everyone welcome
FOR MORE INFORMATION, CALL 263-4547

SATURDAY 8 MAY 2 PM CZCC BALLROOM

Tickets purchased by 4 May \$40, After 4 May \$50
Includes non-alcoholic drinks and prizes
Prizes will be based on the number of players
Sign up at CZCC Cashier's Window
Adults Only

CAMP ZAMA COMMUNITY CLUB 2 6 3 - 4 5 4 7

THAT TEXAS HOLD'EM TOURNAMENT



LUNCH

- Spaghetti w/Meat Sauce
- 20 • Caribbean Jerk Chicken
- Tomato Cream Pasta
- 27 • Chicken Dijonese
- Blackened Chicken w/Alfredo Pasta

Friday "Lunch Buffet" (soup and vegetable of the day, \$7.95)

- 7 • Baked Meat Loaf
- Baked Herbed Chicken
- Rice Pilaf
- Mashed Potatoes w/Gravy
- 14 • Sweet Sour Chicken
- Pork Chop Suey
- Fried Rice
- White Rice
- 21 • Chicken Enchiladas
- Beef Tacos
- Mexican Rice
- Burritos
- Mexican Corn
- 28 • Beef Curry
- Tandori Chicken
- Mashed Potatoes w/Gravy

DINNER MENU

Sunday (limited menu) 5 - 9 pm
"2 for 1 Steak Night"

(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Reservations: Please call 263-4547 before 3 pm.

DINNER MENU

Thursday (5 - 9 pm)

- "All You Can Eat Pizza, Pasta, Soup and Salad Bar"

(no take out)

Adults: \$10.95

Youths 4 - 12: \$5.95

Under 3 years old: Free

- Regular menu

Friday "Chef's Special" (5 - 9 pm)

Regular Menu

14 Community Night

21 Gourmet Dinner

Saturday (5 - 9 pm)

- Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

7 Bunco Night

8 Texas Hold'em

22 Wine Social

Our regular menu will be offered in addition to the above specials on Saturday night.

Camp Zama
Community Night

P R E S E N T S

B I N G O

Friday, 14 May, 5 - 8 pm
CZCC Ballroom

Hors d'oeuvres, Prizes and Entertainment
FREE EVENT

For more information, please call 263-4547

CAMP ZAMA COMMUNITY CLUB

"Under The Stars"
Evening Wine Social

Saturday, 22 May, 6 pm, CZCC
FREE

For more information, please call 263-4547

“See the Bugle for the advertisement”.

LUNCHES

MONDAY

- 3 Steak Don
- 10 Fried Rice, Karaage,
Yakisoba
- 17 Taco Rice
- 24 Hamburger Steak
- 31 Pork Saute
w/Balsamic Sauce

TUESDAY

- 4 Sweet and Sour Chicken
- 11 Steamed Chicken
- 18 Chicken Saute w/Garlic
and Tomato Sauce
- 25 Chicken Cutlet

WEDNESDAY

- 5 Meat Loaf
- 12 Pork Ginger
- 19 Salmon Polonaise
- 26 Lasagna w/Garlic Bread

LUNCHES

THURSDAY (All-U-Can Eat)

- 6 Italian Buffet
- 13 American Buffet
- 20 Oriental Buffet
- 27 Mexican Buffet

FRIDAY

- 7 Fried Shrimp w/Curry
- 14 Chicken Tempura
- 21 Yakiniiku and Curry Rice
- 28 Fried Shrimp and
Fried Salmon

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50)

- 4 Mexican Dinner
- 11 BBQ Dinner

DINNER SPECIALS

- 18 Pizza and Pasta Dinner
- 25 Regular Menu

WEDNESDAY NIGHT

Family night movies for adults and youths 5, 12, 19 and 26 May, regular dinner menu. Choose your discount.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 6 French Dinner (\$20)
- 13 Chinese Dinner (\$20)
- 20 Prime Rib Dinner (\$20)
- 27 Regular Menu

FRIDAY NIGHT

Mongolian BBQ on 14 and 28 May, enjoy the best Mongolian BBQ in town!!! Also, on 7 and 21 May, we offer the regular dinner menu.

■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

• King of the Hill

Sunday, 2 May, 11 am - 6 pm.

• No Tap Tournament

Sunday, 16 May, 11:30 am - 2 pm.

• Thursday, "Family Time": free bowling.

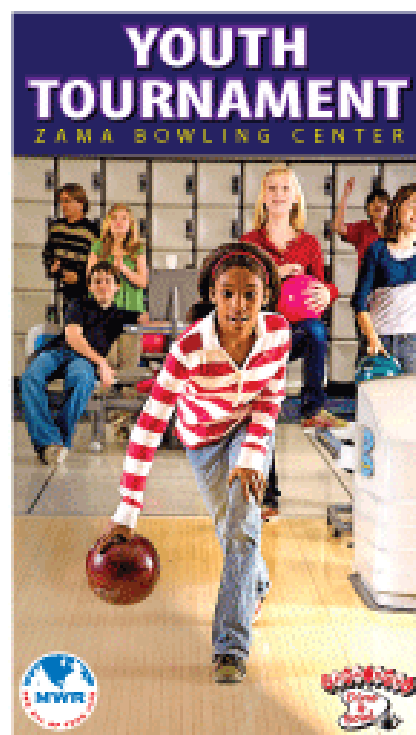


Memorial Day
SCRATCH TOURNAMENT

MONDAY, 31 MAY, 12:30 - 4 PM

- OPEN TO ADULTS ONLY
- TWO CATEGORIES: MEN AND WOMEN DIVISIONS
- ROLL FIVE GAMES
- KEEP THREE HIGHEST SCORES TO DETERMINE WINNER

ZAMA BOWLING CENTER 263-4780



YOUTH TOURNAMENT
ZAMA BOWLING CENTER

SATURDAY, 22 MAY, 1-3 PM

- OPEN TO YOUTH AGES 13-18 YEARS (STILL IN SCHOOL)
- ROLL 4 GAMES TO DETERMINE HANDICAP 3 HIGHEST GAMES PLUS HANDICAP DETERMINES THE WINNER IN EACH GROUP

PLEASE CALL 263-4780

“See the Bugle for the advertisement”.

“See the Bugle for the advertisement”.

W

weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

■ **Camp Zama Golf Club • 263-3694**
<http://www.usarj.army.mil/information/mwr/business/golf/>

Mark Your Calendars!	
2 Person Best Ball - - - - -	12 June
Individual Stroke Play - - - - -	10 July
2 Person Best Ball - - - - -	21 August
Club Championship - - - - -	11 - 12 September
Zama Open - - - - -	16 - 17 October

TOMODACHI DAYS ARE AS FOLLOWS:

7 May - Friday
 14 May - Friday
 21 May - Friday
 28 May - Friday

Your Japanese guests (max 3 guests

per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 12 May, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

2010 MATCH PLAY

SINGLE ELIMINATION INDIVIDUAL MATCH PLAY EVENT

COMPETE ON SATURDAY, 8 MAY FOR SEEDING OR JUST SIGN UP AND PLAY

- OPEN TO ANY ZAMA MEMBER WITH AN ESTABLISHED GHIN HANDICAP
- NET SCORES DETERMINE SEEDING
- GOLFERS WHO REGISTER BUT CAN NOT PLAY ON SATURDAY WILL BE SEEDED LAST BY RANDOM DRAW
- COST IS \$15 PER PERSON FOR ENTIRE EVENT

CONTACT DALE JORGENSEN, DIRECTOR OF GOLF AT 263-3694, EMAIL DALE.JORGENSEN@ZAMA.ARMY.MIL
 DEADLINE FOR SIGN UP IS ON SATURDAY, 8 MAY 1730 HOURS

Z A M A G O L F C L U B



GET CUSTOM FIT AT

Camp Zama Golf Course Driving Range and **LOWER YOUR SCORES**

DEMO THE LATEST PING INNOVATIONS
 22 May, 10 am - 2 pm
 Contact the Golf Shop for more information, 263-5284

PING
PLAY YOUR BEST

NEW G15™ Series NEW J115™ Series

PING Professional Hunter Mahan




The Month of May is

PGA

Free Lesson Month

Discover all the ways to get more golf into your life

Throughout the month of May, PGA Professionals worldwide are giving free 10 minute lessons to help you improve your game, or get you started in the game for a lifetime.

May 22, 1000-1400 Hours
 Call to schedule your free 10 minute lesson

Dale Jorgenson, Director of Golf
263-3694
 Email dale.jorgenson@zama.army.mil

or

Mike Sul, PGA Professional
263-4975
 Email michael.sul@us.army.mil




LUNCH

Mondays

- 3 Pancit, Fried Rice, Lumpia Combo
- 10 Chicken Apritada
- 17 Sweet and Sour Pork
- 24 Pork BBQ Skewer
- 31 No Lunch Special (Memorial Day)

Tuesdays

- 4 Fish Po Boy
- 11 Chicken and Dumplings
- 18 Beef Stew
- 25 Bacon Wrapped Pork Loin

LUNCH

Wednesdays

5, 12, 19 and 26 May, Fried chicken served with corn bread and choice of starch, vegetable of the day and roll.

Thursdays

- 6 Beef Fajitas
- 13 Chicken Enchiladas
- 20 Beef Tacos
- 27 Chicken Fajitas

Fridays (7, 14, 21 and 28 May)

- Fried Cod Fish and Shrimp

LUNCH

- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

Saturdays (1, 8, 15, 22 and 29 May, no daily lunch special)

Sundays

- 2 Lasagna
- 9 Chicken Cacciatore
- 16 Pork Cutlet w/Parmigiana
- 23 Hamburger Steak w/Swiss Cheese and Gravy
- 30 Chicken Alfredo

SPECIAL MENU

Blueberry Pancakes: \$4.50



Steak and Eggs \$9.95



4oz fillet mignon, 2 eggs (cooked your way) choice of hash browns, rice and side of toast.



JR. GOLF INSTRUCTION with Mike Sul, PGA

Every Monday from 1600-1700
Started on 1 March

Cost: \$10

Sign-up at the Pro Shop NLT the Sunday prior
Need at least 2 students to conduct the class



FOR MORE INFORMATION CONTACT
MICHAEL SUL AT 263-4975 OR
EMAIL MICHAEL.SUL@US.ARMY.MIL

INSTRUCTOR: DALE JORGENSEN, DIRECTOR OF GOLF
263-3694, EMAIL AT DALE.JORGENSEN@ZAMA.ARMY.MIL

WHEN: THURSDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB
DRIVING RANGE (PAST GATE 7)

COST: \$99 PER PERSON, MINIMUM 5-MAXIMUM 8 STUDENTS

SESSION #3 - May 27th, June 3rd, 10th, 17th and 24th

SESSION #4 - July 8th, 15th, 22nd, 29th, and August 5th

SESSION #5 - August 19th, 26th, Sept 2nd, 9th and 16th

SESSION #6 - Sept 30th, October 7th, 14th, 21st and 28th

INSTRUCTOR: MIKE SUL, ASSISTANT GOLF PROFESSIONAL
263-4975, EMAIL AT MICHAEL.SUL@US.ARMY.MIL

WHEN: TUESDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB
DRIVING RANGE (PAST GATE 7)

COST: \$89 PER PERSON, MINIMUM 6-MAXIMUM 8 STUDENTS

SESSION #3 - May 4th, 11th, 18th, 25th, and Jun 1st

SESSION #4 - Jun 15th, 22nd, 29th, July 6th and 13th

SESSION #5 - July 27th, Aug 3rd, 10th, 17th and 24th

SESSION #6 - Sept 7th, 14th, 21st, 28th, and Oct 5th

SESSION #7 - Oct 19th, 26th, Nov 2nd, 9th, and 16th

ELIGIBILITY: OPEN TO SOFA STATUS PERSONNEL, MLC, IHA, HPT AND JGSDF ONLY

TAKE THE MYSTERY OUT OF GOLF

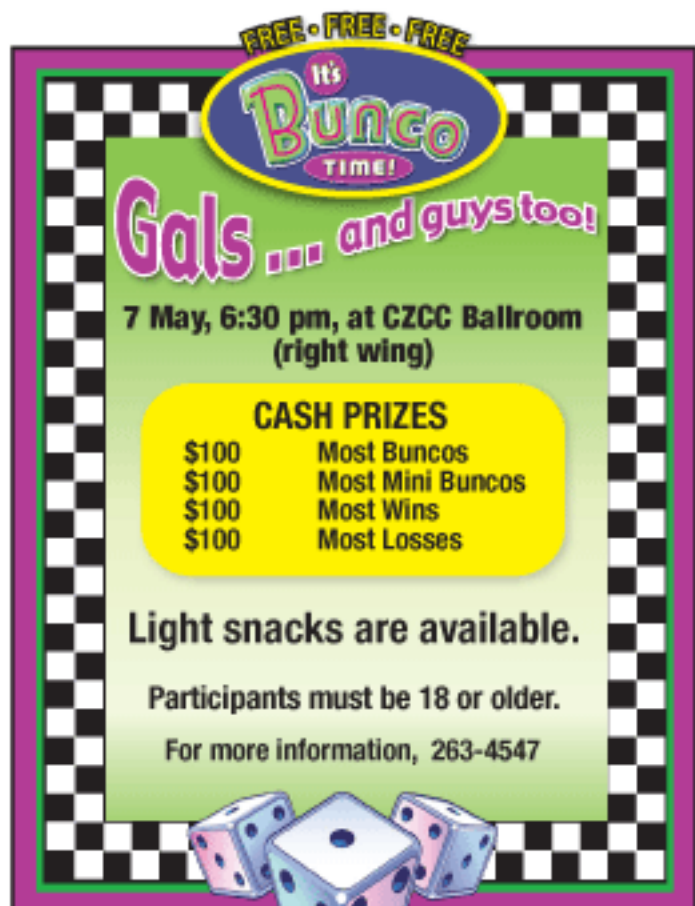


LEARN TO GOLF ADULT CLASSES 2010
SIGN UP NOW
IN THE GOLF SHOP

Includes: - Five 90 Minute Group Lessons Four On The Range And
One On The Golf Course, - Plus Four 9 Hole Rounds Of Golf,
- Clubs And Balls Provided.

CAMP ZAMA GOLF CLUB 263-3694

“See the Bugle for the advertisement”.



Case Lot Sale & Block Party



Hours of Operation

Saturday 15 May 11 am - 6 pm

Sunday 16 May 11 am - 6 pm

Saturday, 15 May, 11 am - 2 pm *(Front of Camp Zama AAFES Furniture Store)*

MWR Support

Bowl a strike and win a free game

Catering information desk

Bouncy Castle

Child, Youth and School Services information desk



Sunday, 16 May, 11 am - 2 pm *(Front of SHA Commissary)*

MWR Support

Hole in One Contest (win a basket of driving range balls)

Catering information desk

Bouncy Castle

Child, Youth and School Services information desk



• **Inclement Weather:** MWR participation will be cancelled.



SOLDIERS • FAMILIES • ARMY CIVILIANS

ARMY STRONG™

www.yourinstallation.com

OUTDOOR RECREATION'S YEAR OF ADVENTURE



Well, spring has sprung as the old cliché goes. Time to put away the skis and snowboards, heavy coats and thick socks. Break out short pants and t-shirts and look towards the beaches and forests for some real adventure.

Outdoor Recreation has declared this the Year of Adventure. We have invested a lot in new camping equipment. We have everything you need for your camping adventure. If you like the KOA style camping, we have new 10 man tents, gas stoves including the kitchen sink. That's right, our new camp kitchen tables have a sink in them.

If you prefer to get off the beaten path, we also have new equipment for you too. We now have light weight two person weight backpacks, jump on one of our mountain bikes and get out and see some of this great country.

As we look to the summer you can expect some great adventure programming from Outdoor Recreation. This summer includes diving, paragliding, surfing, body boarding, deep sea fishing and tons more.

If you're not sure what to do this summer or where to go, stop by Outdoor Recreation and let us take you on one of our

We are a full service, customer oriented activity that can help you make hotel reservations, camp ground reservations, gear rental. Put us to the test; let your adventure start at Camp Zama's Outdoor Recreation.

Be sure to check each month's Bugle for upcoming camping trips.

Local Tours, 263-4671 • Vehicle/Equipment Rental, 263- 4671 • Animal Boarding Kennel



Now, it's time to

have just about
with ovens built in, cast iron cooking tools, Dutch ovens; we have it all

n tents, camp pads, mess kits and much more. So, pack up one of our light

r we will be mountain biking, canoeing, sea kayaking, camping, canyoning, sky

r great adventures or let us help you plan your own.

get you maps to anywhere you want to go, train directions, whatever it is you



Photo credit: Mr. Richard Haun, Chief, Marketing Branch

els, 263-5915 • Hardy Barracks Lodging, 229-3270 • Kure Lodging, 256-2580

QBC

Army Community Service

Quarters Beautification Competition



MWR COMMERCIAL SPONSORSHIP and the **Army Community Service Staff** appreciate the support of the USA FEDERAL CREDIT UNION, RED BULL and the CAMP ZAMA EXCHANGE (AAFES) for supporting this five month program for the benefit of our community members.



- Awards for first, second and third place will be presented on site in each of the three areas on Friday, 21 May.
- Judging for the Quarters Beautification Competition (QBC) for May will be conducted during the period 3 - 7 May at the Zama, Depot and Sagami-hara Housing Areas.
- Please note that this is the first QBC for this calendar year, so this is your opportunity to show the judges the results of your hard work and your dedication to maintain your government quarters in a high state of appearance.
- REMINDER: all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas on 8 October (location TBD).
- For additional information, please phone your community mayor or Army Community Service at 263-8087.

Individual Stroke Play

Saturday, 15 May, Tee Times Start at 0600 Hrs.

Check-in 15 minutes prior!

- Individual 18 Hole Stroke Play - Flighted Event
- Open to any amateur golfer with a current USGA Handicap
- Handicaps as of 1 May 2010 will be used to create the flights
- Flights determined after entries received
- There will be gift certificates awarded for the top 4 low NET finishers in each flight
- 12 players per flight
- Fee: \$20 (carts, green fees and food not included)
- Deadline for signup is Tuesday, 11 May, 1700 Hours
- Field is limited to the first 72 players

For more information contact Dale Jorgenson, Director of Golf at 263-3694
Email at dale.jorgenson@zama.army.mil



Z A M A G O L F C L U B 2 6 3 - 3 6 9 4

“See the Bugle for the advertisement”.

Lone Closet.

Have you recently arrived at Camp Zama? Are you missing some of the "essentials" to help you and your Family get settled? Please consider ACS as a resource for assistance. Hours of operation are Monday, Wednesday and Friday, 1- 3 pm.

■ Army Community Service • 263-8327

RELOCATION READINESS PROGRAM, 263-HELP

• Newcomers Train Class

Exploring Japan: 22 May, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• Shopping on the Economy

20 May. 1 pm - 4:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to the five story 100 Yen Store and Yodobashi Camera Shop in

Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please phone 263-8089 to schedule your unit pre-deployment readiness training, reunion briefing, Family readiness group training, and unit rear detachment commanders (RDC) training. Free child care is provided by CDC during official FRG functions (advance coordination is required).

• Pre-deployment and Operation R.E.A.D.Y. Training

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

• Deployed Spouse Program, 263-HELP (4357)

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card. This card

EMPLOYMENT READINESS

Provides assistance with resume's and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoons, 1:30 - 3:30 pm, at ACS (pre-signup is required):

- 1st Friday: Resume and Cover Letters
- 2nd Friday: Interview Techniques and Dressing for Success
- 3rd Friday: Microsoft Office Applications.

POC: Gary R. Wetz, 263-5550. email: gary.wertz@us.army.mil



RELOCATION READINESS PROGRAM - 263-HELP

NEWCOMERS ORIENTATION PART I: 19 May, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: 20 May, 8 - 11:30 am, Camp Zama Community Club. Continued overview of information and services including medical and dental. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA status drivers license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.



MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls:
99 + 001 + Country Code + Area Code + Phone No.



will provide discounts throughout various MWR facilities.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil two weeks in advance minimum. For more information, contact 263-5550

• **Scheduled Financial Classes:**
(all classes are held 1:30 - 3:30 pm)

- | | |
|-------------------|-----------|
| * Budget at ACS | Monday |
| * Banking at ACS | Tuesday |
| * Debt Management | Wednesday |
| * Investment TSP | Thursday |

First Term Soldiers on their initial duty assignment shall complete all four classes during in-processing.

• **AER Emergency Leaves:** Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.

FAMILY ADVOCACY PROGRAM (FAP), 263-HELP (4357)

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take dis-



Survivor Outreach Service

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

ciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

• **Sexual Assault Prevention and Response Program (SAPRP)**

Sexual Assault Hotline from a DSN:

882# or 090-9395-8909.

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP /4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Mili-

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOPS

The Autism Support Group will be meeting at the Zama Chapel.
The topic will be on "Social Stories":
16 May, 5:30 pm

EFMP Services / SOS mini brief at ACS (presented by Hilary Valdez).
24 May, noon - 1 pm

If you would like to become an EFMP Respite Care Provider and/or learn more about eligibility, please contact the ACS EFMP Coordinator at 263-4572.

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS, noon - 1 pm.

tary Police at 263-3002, the chain of command, or the SARC at 263-HELP /4357 or 090-9395-8909.

- **Victim Advocacy** is a free service for all personal in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a "restricted or unrestricted basis". To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral

to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909

NEW PARENT SUPPORT (NPSP), 263-4572

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive playgroup for parents and children aged birth-6 years. Held Tuesdays 9:30 - 11 am, at Zama Chapel, Bldg 502, and every 2nd, 3rd, 4th Thursday, 10 - 11:30 am, at EDIS (Arnn Elementary).

- **Breast Feeding Support Group** held 6 May, 9:30 - 10:30 am, at ACS.

- **Breast Feeding Support Group** held 17 May, 9:30 - 10:30 am, at SHA CDC.

- **Baby Love Seminar** for this month will be "Infant Massage", held during Zama Chapel Play Morning on 18 May, 9:45 - 10:10 am, and on 27 May, at EDIS from 10 - 10:20 am by EDIS.

- * **"Infant Growth and Development"**, a community workshop, to be held from noon - 1 pm, at ACS on 25 May.

- * **"Baby Bundles"**: information and supplies for new and expectant parents and electric breast pumps are available by calling NPSP at 263-4572 or emailing cheryl.rendon@us.army.mil.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

May is Military Spouse Appreciation Month (see page below). Volunteer Recognition Luncheon on 6 May at

Military Spouses Luncheon 11 May, 11 am - 1 pm, Lunch at CZCC



**14 May at
Community Night
featuring special door
prizes for
Military Spouses**



For more information, 263-8087



HOLDINGS • PANELS • ARMY OFFICIALS

www.yourinstallation.com

the Camp Zama Community Club from 11 am - 1 pm (see page 19).

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then, you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator at 263-8087.

ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

The Key to your Army Journey and Passport to Power!

Join us for our next AFTB Class! If you are a young Soldier SGT or below and need promotion points AFTB is a good source and a great tool that you will be able to use throughout your military career. Please call or email the Program Manager at 263-8087 or email

wilda.tierney@us.army.mil.

ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

“AFAP is a year round process”!

To submit an AFAP issue, log onto <http://www.mwrjapan.pac.army.mil/> and “Submit an AFAP Community Idea/Concern”. Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at

<https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under “Army Community Service”. Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

• **Children's Japanese Language and Culture Class**

Every Monday, 10:30 am - noon

• **Adult English as a Second Language Class (ESL)**

CLASS CANCELLED MONTH OF MAY.

• **Adult Japanese Language Class**

Every Wednesday, 10 - 11 am, advanced class; 11 am - noon, beginner class. Taught by a native Japanese speaker.

ALL CLASSES ARE CANCELLED ON US HOLIDAYS

 FUTURE MAJOR MWR PROGRAMS EVENTS		
4 June	Payday Scramble - - - - -	CZGC
14 June	Summer Day Camp Begins - - - - -	SHA (SAS)
18 June	Community Night - - - - -	CZCC
20 June	Father's Day Brunch - - - - -	CZCC
27 June	NCAA All-Star Female Golfers - - - - -	CZGC
3 July (tentative)	4 of July Celebration - -	Dewey Park
10 July	Country Jamboree - - - - -	CZCC
14 August	Bon Odori Festival - - - - -	Yano Fitness Area
11 September	National Boys and Girls Day - - - -	Youth Center
11 - 12 September	Golf Club Championship - - -	CZGC

広告掲載はぜひビューグルで

「ビューグル」はキャンプ座間、MWRマーケティング部が発行する月刊誌です。毎月初め3,500部の「ビューグル」が、座間基地、相模原住宅、相模デポ、横田基地、横須賀基地、厚木基地、及び山王ホテル、赤坂プレスセンター、アメリカ大使館、根岸住宅等の施設に配布されております。

広告主様より掲載後お客様が増えたと嬉しい報告を受けております。私共の広告掲載料金は他のメディアより安く設定されておりますので、限られた予算の中で大きな効果を上げられると信じております。皆様もこの機会に是非「ビューグル」へ広告掲載をご検討なさってはいかがでしょうか。詳しいお問い合わせはMWRマーケティング部、電話(代) 046-251-1788、(内) 263-4721、リチャード・ハーン(チーフ)、又は(内)マーケティング部スタッフ 263-8994/3461までお願いします。(日本語、英語どちらでも可。)

Yano Fitness

Center is seeking individuals interested in contracting for the following services: massage therapist, aerobics, martial arts, fitness trainers, zumba, tai chi, yoga and other similar group exercises. For more information, call 263-3954/4042.

■ Sports, Fitness and Aquatics

263-3954 / 4664

SPORTS, 263-3954

• Zama Book of Records

Every third Saturday of the month (15 May) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), volleyball serving (accuracy) and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun; challenge yourself and enjoy fortune and fame as monthly winners are recognized on the Yano Bulletin Board. End of the year winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy

Zama Book of Records. "You too can become a living legend".

AQUATICS, 263-3348

• Water Aerobics Days and Hours

Water Aerobics Classes:

Mondays, Wednesdays, Fridays
0900 - 1000

Tuesdays and Thursdays
1730 - 1830

See flyer for specific details.

• Jacuzzi, Steam Room, Sauna

The Jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the Jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• Training Reservations for Swimming Pool

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the Front Desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

• Age Policy for Swimming Pool

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and



Dodgeball

Tournament

9 am
Saturday • 22 May

**Register by 9 pm, Friday, 21 May!*

**For more info, please call 263-4664.*

Yano Fitness Center



YANO FITNESS CENTER

SINGLES

TENNIS TOURNAMENT

MEN AND WOMEN DIVISIONS

9 AM • SATURDAY
1 MAY

**Registration deadline is 9 pm, Friday, 30 April.*

**For more information, please call 263-4664.*

older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

- **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the Front Desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

- **Aerobics**

Instructor: Ayako Robinson
Tuesday / Thursday: 1730 - 1830
Cost: \$3.50 per class

Instructor: Amy Bengel

Mondays:

Corebox: 1730 - 1830

Power Yoga: 1830 - 1930

Thursdays:

Step and Sculpt: 1830 - 1930

Cost: \$2.50

- **Tanning Booth**

The Yano Fitness Center has two

tanning booths. Hours:

Monday - Friday:

0530 - 2025

Weekends:

0800 - 1630

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

MASSAGE

- **Massage Cancellation Policy:**

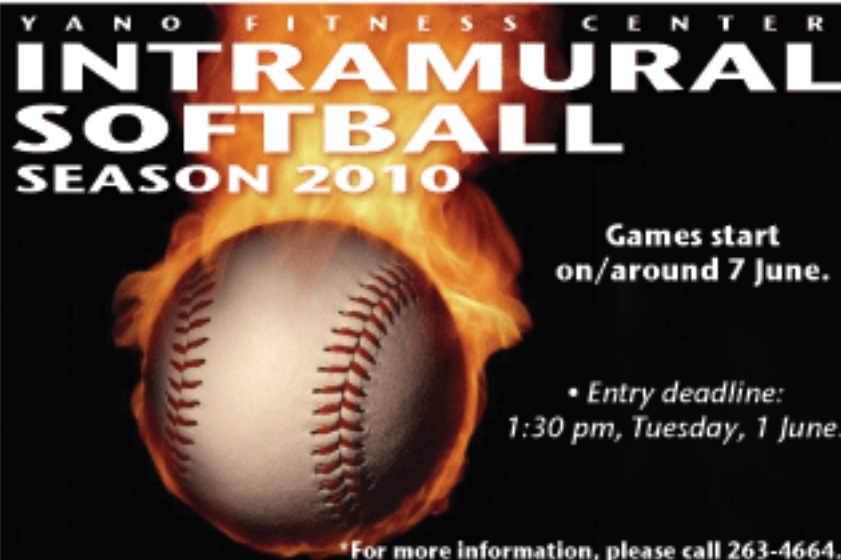
Must be made 24 hours in advance

from the time the original appointment was made. Please ensure to ask the staff for the information regarding this policy.

- **Aqua Massage**

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old or if 16 - 17 years old have written parental consent or a legal guardian present. For more information, call 263-4664/3954.

- **Shizuka's Massage Therapy**



YANO FITNESS CENTER
**INTRAMURAL
SOFTBALL
SEASON 2010**

**Games start
on/around 7 June.**

• **Entry deadline:**
1:30 pm, Tuesday, 1 June.

*For more information, please call 263-4664.



YANO FITNESS CENTER
**COMMANDER'S
CUP**

GOLF TOURNAMENT
CAMP ZAMA GOLF COURSE

10 am • Saturday • 29 May

*Entry Deadline to register is 5 pm, 21 May.
Please register at the Yano Fitness Center Issue Counter.

*For more information, please call 263-4664.

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1100 - 1800 (first appointment at 1100 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift

SHA POOL Grand Opening Saturday, 29 May

Summer Schedule

29 May - 13 June	1100 - 1800	Weekends only
16 June - 6 September	1100 - 1800	Wednesday - Sunday
Closed		Monday - Tuesday

certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

CLASSES

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness (every Monday at 1845).

One session: \$6

4 sessions: \$20

• **Martial Arts (Taekwondo Classes)**

* Instructor: Kellie Williams

Tuesday - Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1800 - 1900

Cost: \$45 per month

* Instructor: Kang Hyum Soon

Monday - Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate).

• **Brazilian Jujitsu (FREE)**

* Instructor: Henry Stasiukiewicz and Paul Everson

Monday and Wednesday,

1645 - 1900

(ages 18 and older)

NOTE: All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.



YANO FITNESS CENTER

BIG KAHUNA

OPEN BENCH PRESS COMPETITION

5 PM • THURSDAY • 20 MAY • MEN & WOMEN DIVISIONS • FOR MORE INFORMATION: 263-4664.



Super Circuit Class (Free)

Monday and Wednesday: 1200 - 1230
Fridays: 1730 - 1800

Personal Training / Program Consultations (Free)

Limited days and times BY APPOINTMENT ONLY.

Unit Pt Training

Tuesday: 0630 - 0730 (Please call the fitness coordinator four weeks in advance to reserve time slot and program request).

Other Fitness Classes:

Pilates (NEW): 0900, Tuesday(s)
HIT and Core: 1730, Wednesday(s)
TBC Yoga: 1200, Fridays

Personal Training / Program Consultations (FREE)

Limited days and times BY APPOINTMENT ONLY.
For more information or appointment call 263-4664/5656.

***Sign-up required before meeting - Fitness assessment and lifestyle questionnaire required.**

YANO FITNESS CENTER

ARMY 10 MILLER TRYOUTS

6 AM • WEDNESDAY • 19 MAY

- At Sagami Depot Fitness Center
- Active Duty Army • Sign up at Yano Fitness Center front counter
- Transportation provided. Pick up point is Yano Fitness Center at 5 am
- Return to Yano Fitness Center at 0900/1000

*For more information, please call 263-4664

CAMP ZAMA LAUNDROMAT

Located next to the Camp Zama Laundry and Dry Cleaners, Bldg 375

NOW OPEN 24 HOURS

WASHING MACHINES
Large Washer: \$2 per load
Small Washer: \$1.50 per load

DRYERS
• Large dryer: \$1 first 15 minutes, \$0.25 for an additional 10 minutes.
• Small dryer: \$0.50 first 15 minutes, \$0.25 for an additional 10- minutes.

For more information, please call 263-4671

N

OTE:

All classes require advance registration. Schedules are subject to change.

■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
 Wednesday - Friday: 11:30 - 7:30 pm
 Saturday - Sunday: 10:00 - 6 pm

CLASSES

- **Silk Screen Work Shop**
\$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**
Saturdays: 10 am, no fee.

• **Frame Shop Orientation**

2nd and 4th Thursday, 6 pm, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

• **Wash-Paper Craft Work shop**

\$10 a class; supplies are available at the sales store (by appointment)

• **Tole Painting Class "American Folk Art"**

Thursdays, 3 pm, \$20 for a class.

• **Ikebana** (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

• **Shodo** (Japanese calligraphy class), Wednesday, 4 pm, \$10 for a class; includes all supplies.

• **Pottery Classes**

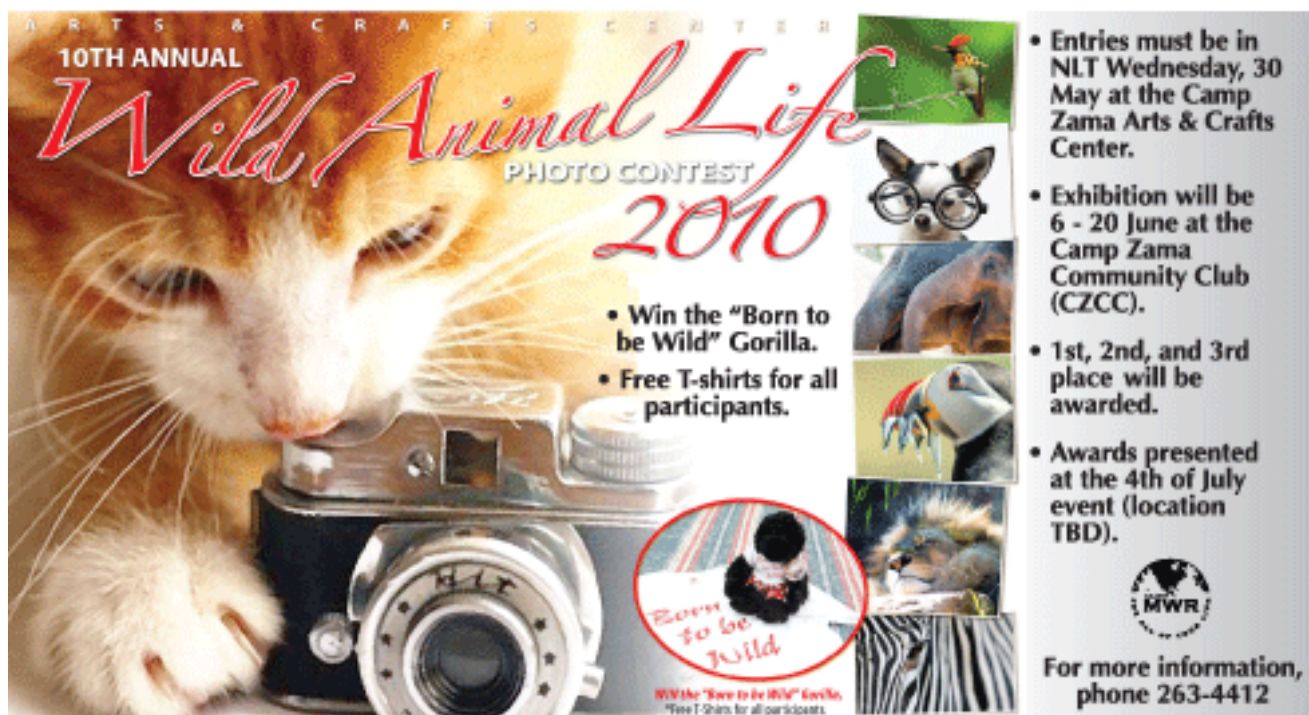
* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

WANTED

Zama Arts and Crafts Center is now looking for instructors in the following areas: water color paint, Tole paint (acrylic paint), washi paper craft, digital photograph, pottery, balloon art, scrapbook, sawing and color pencil drawing.



2010 ARTS & CRAFTS CONTEST
 Compete for cash prizes against the best artists and artisans in the Army!
DEADLINE FOR ENTRY: 5 JULY 2010
<https://artscrafts.fmwre.army.mil>
 For more information, phone 263-4412
ARTS.ARMYMWR.COM



10TH ANNUAL Wild Animal Life PHOTO CONTEST 2010

- Win the "Born to be Wild" Gorilla.
- Free T-shirts for all participants.

• Entries must be in NLT Wednesday, 30 May at the Camp Zama Arts & Crafts Center.

• Exhibition will be 6 - 20 June at the Camp Zama Community Club (CZCC).

• 1st, 2nd, and 3rd place will be awarded.

• Awards presented at the 4th of July event (location TBD).

For more information, phone 263-4412

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- Big Girl by Steel, Danielle (Best Seller)
- Blood Ties by Hooper, Kay
- Fantasy in Death by Robb, J. D.
- I am Ozzy by Osbourne, Ozzy (Best Seller)
- Matthew's Story by LaHaye, Tim F. (Best Seller)
- Point Omega by Delillo, Don (Best Seller)
- Split Image by Parker, Robert B. (Best Seller)

- Swan Thieves by Chabon, Michael
- Winter Garden by Kostova, Elizabeth

NEW CRITERION COLLECTION BLU-RAY DVDS

- An Education
- A Serious Man
- Astro Boy
- The Blind Side
- Cloudy with a Chance of Meatballs
- Fantastic Mr. Fox
- The Hurt Locker
- Ponyo

- Up in the Air
- Where the Wild Things Are

NEW DS-2 GAMES

Alice in Wonderland (Disney)
Dragonball Z: Attack of the Saiyans
Pokemon: Pearl Vision
Sonic: Sega All-Stars Racing
Songebob's Boating Bash

ON-LINE CATALOG:

Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>

■ Community Activity Center • 263-3939/5712/8892

If you are interested in teaching hula, jazz, piano and drum classes please stop by the Community Activity Center (263-8892) or call the Contracting Office at 263-4986.

CLASSES

- **Ballroom Dance**
* Beginner's Class (four classes per month, ¥3,000).
Thursday:
5:15 - 6:10 pm
* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm
The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

- Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm
The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for

ballroom dancing.

- **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

- **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

- **Koto Lesson**

Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

ATTENTION: The Music Theater Workshop will be closed for HVAC System constructions.




BALLET CLASSES

NEW

1. Friday Classes
Started 16 April
Beginner: 1600 - 1645
\$30 (3 x 45 min)
Advance: 1730 - 1900
\$45 (3 x 45 min)
Will start full class: \$40
Youths beginner: \$60,
Advance start May

2. Tuesday Classes
Starting 11 May
Beginner: 1600 - 1645
\$30 (3 x 45 min)
Intermediate: 1730 - 1900
\$45 (3 x 90 min)
Registration Deadline: 4 May
Will start full class: \$40
Youths beginner: \$60
Intermediate from June

3. Wednesday Classes
Beginner (7 - 12): 1600 - 1730
\$45 (3 x 90 min)
Beginner (13+): 1745 - 1915
\$45 (3 x 90 min)
Registration deadline: 5 May
Will start full class \$60
Beginner from June



Interactive Customer Evaluation

Please give us your

ADV ICE

Interactive Customer Evaluation

We are listening!

Good or Bad, we'd like to know!

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.dtsa.mtl/index.cfm>

T

ake advantage of our new weekday opening hours!!! Now that we open at 11:30 am you can change your oil or do any other minor repair jobs during lunch hour!!!

■ Automotive Skills Center • 263-3615

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
Wednesday - Friday:
1130 - 2000
Saturday and Sunday:
0930 - 1800

PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is

issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Used Vehicle Courtesy Inspection

The Zama Automotive Skills Center offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only. The courtesy inspection does not take the place of the JCI.

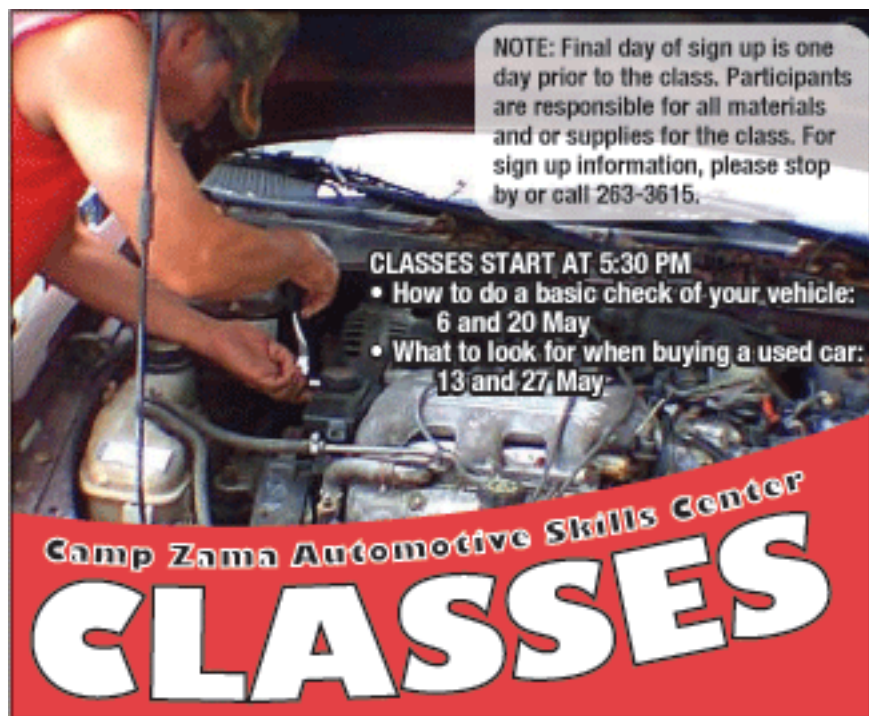


ZAMA Auto Craft

TOWING SERVICE AND ROADSIDE ASSISTANCE

We offer a towing service and roadside assistance Wednesday through Sunday during regular Auto Craft Shop hours of operation.

Sorry but we are not a 24 hour emergency service. For all emergencies please call the **TRAFFIC SECTION** at 263-3002.



NOTE: Final day of sign up is one day prior to the class. Participants are responsible for all materials and or supplies for the class. For sign up information, please stop by or call 263-3615.

CLASSES START AT 5:30 PM

- How to do a basic check of your vehicle: 6 and 20 May
- What to look for when buying a used car: 13 and 27 May

Camp Zama Automotive Skills Center

CLASSES

USED PARTS FOR SALE

- Chrome "Lorinser 19" rims \$1,000 (or best offer)
- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- Safety flares - - - \$2
- CD player, stateside tune Starting at \$35 ea

We also have used tires; just stop by with your car and see if they are on the rack.



Online parts ordering service

Stop by the Automotive Skills Center for more information to find the best prices for your vehicle.

■ Leisure Travel Services • 263-4671

TOURS AND EVENTS

- **Passport to Mt. Fuji and Takao**
Saturday, 1 May, 8 am - 3:30 pm
- **Tokyo Fun Night (Overnight)**
Departure: Saturday, 1 May, 3 pm
Return: Sunday, 2 May, 4:30 pm
- **White Water Rafting (Canyones)**
Saturday, 8 May, 3:30 am - 6 pm
- **Tea Leaf Picking, Numazu Fish Port and Imperial Villa**
Saturday, 8 May, 6:30 am - 6:30 pm
- **Fuji Safari Park**
Sunday, 9 May, 8 am - 5 pm
- **Ryugu Sap**
Sunday, 9 May, 9 am - 7 pm
- **Sanja Festival**

- Saturday, 15 May, 7:30 - 6:30 pm
- **PADI Open Water Certification 4 Day Course**
Saturday (15) and Sunday (16)
Has been cancelled due to the lack of participants.
- **Paragliding at Sky Asagiri**
Saturday, 15 May, 8:30 am - 8:30 pm
- **Shimoda Black Ship Festival**
Sunday, 16 May, 6 am - 8 pm
- **Clam Digging**
Sunday, 16 May, 7:30 am - 5 pm
- **Passport to Mt. Fuji Kintoki**
Saturday, 22 May, 6 am - 4 pm
- **Deep Sea Fishing - Shimagatsuo**
Saturday, 22 May, 4 am - 3:30 pm

- **Nagatoro River Cruise / Kawagoe excursion**
Sunday, 23 May, 7 am - 7:30 pm
- **Kamogawa Sea World**
Sunday, 23 May, 7 am - 6 pm
- **PADI Open Water Certification 4 Day Course (Izu)**
Saturday (29) and Sunday (30)
Has been cancelled due to the lack of participants.
- **Kamikochi Hike**
Saturday, 29 May, 3:30 am - 8 pm
- **Kyoto One Day Sightseeing**
Sunday, 30 May, 2 am - 11:30 pm
- **Disneyland / DisneySea**
Monday, 31 May, 7 am - 11 pm

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel
Sundays, 9 am, Mass, Zama Chapel.
Sundays, 10:45 am, CCD, Religious Education Center.
1st Friday, 6 pm, MCCW meeting, Zama Chapel

PROTESTANT SERVICES

Sundays, 11 am, Worship Service, Zama Chapel.
Sundays, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, Praise Team Rehearsal, Zama Chapel

SAGAMIHARA PROTESTANT INSPIRATIONAL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.
Sundays, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Mondays - Fridays, 6:30 - 7:30 am, LDS Youth Seminary (August - June), Sagamihara Chapel.

Tuesdays, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 046-234-9490, Brian Howard at 263-7419, or Doug Moore at 267-6472.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30 am Sabbath School, 11 am Divine Worship, Zama Chapel. Contact Mr.

Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

ONGOING BIBLE STUDIES

Tuesday, 6:30 pm, Bible Study, "The Book of Hebrews", Zama Chapel Fellowship Room.

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Zama Chapel, Molly Lang at 263-7161.

Thursdays, 6:30, Bible Study, "The Mind of Christ", Zama Chapel Fellowship Hall.

Fridays, 12 noon, Korean Bible Study, Zama Chapel, the POC is Misha Triggs at 267-6531.

For more information, please call the chapel at 263-4898.

The Garrison religious support programs offer many other religious based opportunities for you and your Family: (Bible studies, youth groups, men's groups, women's groups, music ministries, etcetera). If you desire more information, please call the Garrison Chaplain's office at 263-4898. The Garrison Chaplain's Office only advertises those religious activities under its auspices.

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ Army Community Services 263-4357
Mon, Tue, Thu, Fri 0730-1630
Wed 0730-1500

ZAMA Golf Club

■ DIRECTOR OF GOLF 263-3694
ADMINISTRATIVE OFFICE 263-4966

(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ ADMINISTRATIVE OFFICE 263-7935

■ BOWLING CENTER ZAMA 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB
■ ADMINISTRATIVE OFFICE 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300

No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097

Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000

Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479

■ ADMINISTRATIVE OFFICE 263-5614

■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
Wed-Thu 1300-2100
Fri 1000-1800
Sat & Sun 1000-1800

■ AUTOMOTIVE SKILLS CENTER 263-3615

Mon-Tue Closed
Wed-Fri 1300-2100
Sat-Sun 1000-1800

■ COMMUNITY ACTIVITY CENTER 263-3939

Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ INTERNATIONAL TOURS 263-5273

Mon-Fri 1000-1800
Open during lunch

■ LIBRARY

Zama 263-3517

Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603

Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671

US Holidays Closed
Vehicle/Equipment Rental & Leisure Travel Services

Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270

Kure Lodging 256-2580

■ POOLS 263-3348

YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)

■ SPORTS/FITNESS CENTER 263-4664

Zama 263-3954

Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762

Mon-Sun Open 24 hrs

Depot 268-4729

Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-4273

■ ADMINISTRATIVE OFFICE

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086

(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125
263-4743

Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743

263-4125

Sagamihara CDC 267-6564

Mon-Fri 0530-1800

Zama CDC 263-4992

Mon-Fri 0530-1800

■ YOUTH SERVICES

Zama Youth Center 263-4500

Mon-Thu 1430-2000
Fri 1430-2200
Sat 1300-2200
Sun Closed

School Age Services (SHA) 267-6317

Mon-Fri 0630-1800

Youth Sports 263-5437

Mon-Sat 0900-1800

Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ ADMINISTRATIVE OFFICE 263-3293

Reservation Desk 263-2775

Front Desk 263-3830

Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396

■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE

Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ ARTS & CRAFT CENTER

Lobby 644-4706

■ AUTOMOTIVE SKILLS CENTER 644-5612

■ CORAL COVE COMMUNITY CLUB

Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426
LIBRARY 644-4468
Staff Room 644-5335

■ MARKETING

Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665

■ SPORTS / FITNESS

Sports / Fitness 644-4334
Aquatics 644-4389

■ OUTDOOR RECREATION

Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659

011-81-611-744-4659

Kure Harbor Club

■ MWR Office 256-2580

256-2581

0800-1630

■ Outdoor Recreation 256-2575

0900/1700

■ Dining Room

Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000

■ Bar Mon 1630-2000

Tue-Sat 1630-2200

■ PX / CLASS 6

Mon-Fri 0900-1730
Sat 1130-1530

CAMP ZAMA COMMUNITY

BAZAAR

OVER
50
VENDORS



AT THE CAMP ZAMA COMMUNITY CLUB

MAY 2010

29 30

(SATURDAY)
9 AM - 5 PM

(SUNDAY)
10 AM - 4 PM



For more information: ☎ **263-5316**

Your Travel Concierge!

Zama ITT



PLAN YOUR SUMMER TRAVEL!

Our goal is to help you to find your perfect hassle free vacation!
We are your one-stop, on-base agency to meet all your travel needs.

- Airline Tickets
- Train Reservations
- Narita Commercial Bus Reservations
- Tour Packages
- Hotel Reservations
- Rent-A-Car Reservations
- Bring Your Family To Visit You
- Visa Processing
- Much More!

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com

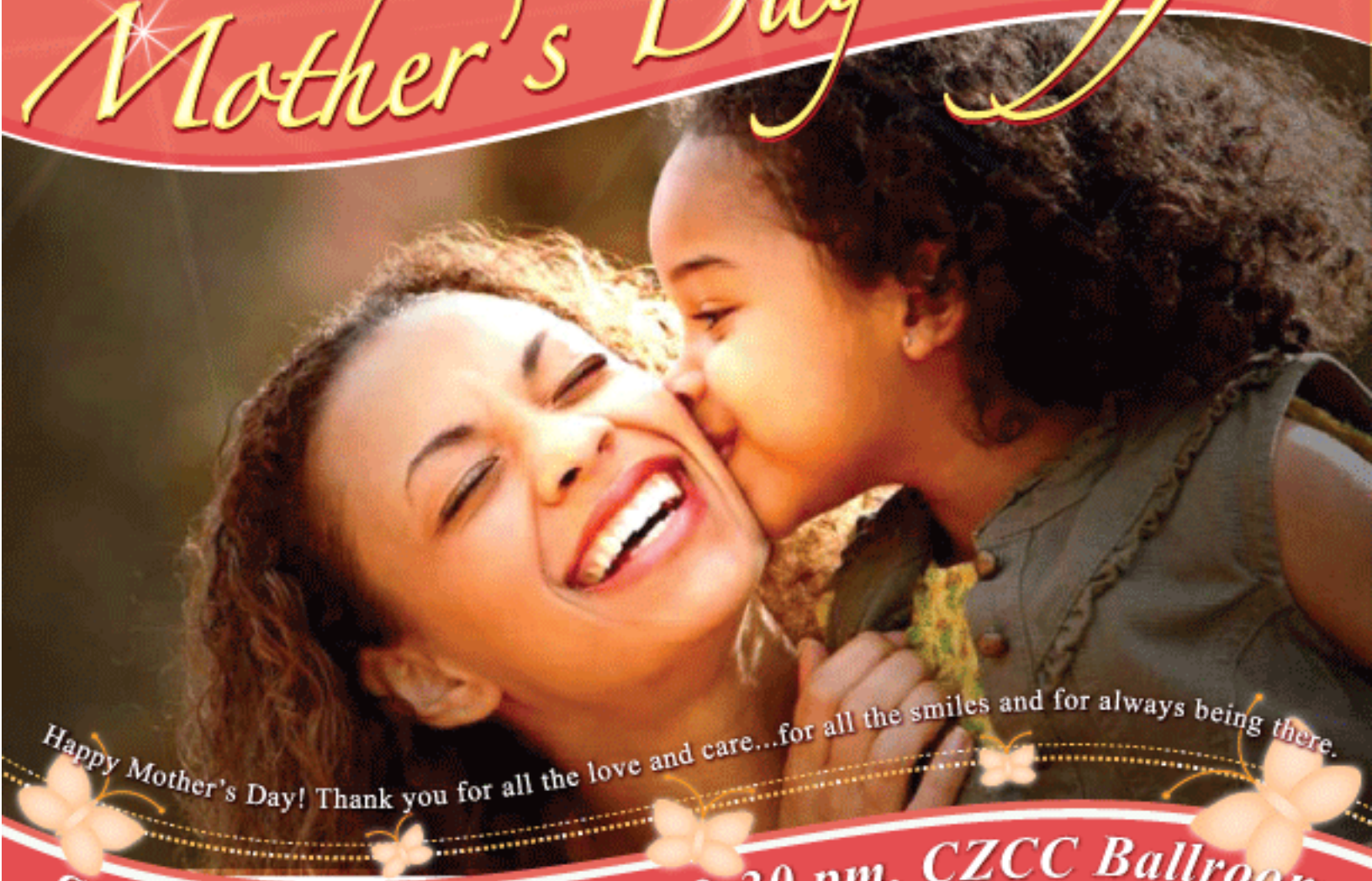
- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: <http://zamaitt.com>



ZAMA BUGLE, MAY 1, 2010 <http://www.mwrjapan.jp/zama.mil/news/>

Camp Zama Community Club Celebrates All The Wonderful Mothers

Mother's Day Buffet



Happy Mother's Day! Thank you for all the love and care...for all the smiles and for always being there.

Sunday, 9 May, 10:30 am-2:30 pm, CZCC Ballroom

Carving Station

*Roasted Beef Top Round W/ Au Jus
Maple & Honey Glazed Ham w/ Pineapple sauce*

Omelet Station

Your Favorite Omelet Cooked to Order

Soup

New England Clam Chowder

Breakfast Entrée

*Bacon
Sausage
Hashed Brown Potatoes
Eggs Benedict
French Toast & Maple Syrup
Grits*

Entrée

*Beef Bourguignone
Caribbean Jerk Chicken
Broiled Salmon on Sautéed Spinach w/ Sauce Bar bara
Shrimp Pilaf
Cheesy Potatoes
Pasta Arrabiata
Green Beans Almond
Oven Brown Potatoes
Assorted Bread*

Small Salad Bar & Fruits

Chef's Selection of Delicious Desserts

**Adults: \$16.95, Youth 4-12 Years: \$9.95
Youths 3 & Under: FREE
Tickets Are \$2 More At The Door
Available At CZCC Cashier's Window**



CAMP ZAMA COMMUNITY CLUB 263-4547